
GOLDEN EAGLE

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● Glendale Christian School ●

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Mr. Andonian

By: Matthew Riendeau

Mr. Andonian, proudly named Daniel by his parents which means “God is my judge”, is an intelligent man with a passion for teaching that began with his first classroom lesson in 1993. He began his teaching journey in his hometown of Northbridge, Massachusetts. He originally started working at Glendale Christian School as a substitute teacher for the upper school in 2014. After much prayer and consideration, he decided to accept a fulltime position in 2018 as a fourth grade teacher, a position he has held for the past seven years. Throughout his career, he has worked with organizations such as the YMCA, the Boys and Girls Club of America, and Carnival Cruise Lines. In his free time, he serves as the Camp Director at Vero Fitness, where he has led Winter, Spring Break, and Summer Camps since 2011. His favorite subject is history, which led him to graduate from Framingham State College in 1993 with a degree in history and a minor in sociology. He also enjoys teaching mathematics because he equates solving problems to working through puzzles. Mr. Andonian loves teaching and finds it rewarding to help students understand new concepts and grow more confident. He believes that children are twenty-five percent of the

population but one hundred percent of the future. Although he enjoys his job, one challenge is staying ahead of his responsibilities, such as keeping accurate records and completing lesson plans on time. When Mr. Andonian is not preparing lessons or grading papers, he enjoys traveling around the state and finding new places to experience. He loves concerts in the summer and walking miles on the beachside. He does have a few guilty pleasures such as watching reality game shows like Survivor, Big Brother, The Amazing Race and The Traitors while feasting on a lobster dinner with steamed clams, clam cakes, and a hot bowl of clam chowder! His life motto is: “Whatever tears at us, whatever holds us down, and if nothing can be done, we'll make the best of what's around.” Thank you Mr. Andonian for sharing your passion with your Glendale Christian School family.



The Value of a Good Friend

By: Lilitana McFarlane

There are many effects of having a good friend. Friends help you emotionally. They help you cope with challenges in life. Whether you simply got a bad test grade, or you recently lost a loved one, a good friend will support you in all things. When you are hurting, they are there for you. Good friendships boost your feeling of self-worth. Having someone there to talk to can make you feel wanted and help you believe in yourself. They provide you with a sense of purpose, helping you feel successful in life. Good friends can be an influence for you physically as well.

Seeing how your friend is acting can influence your lifestyle and habits. With good people by your side, you will feel accepted and needed. You should choose your friends wisely, for they will make a big impact in your life. The Bible says in John 15:13: "Greater love has no one than this: to lay down one's life for one's friends".



Anxiety

By: Flora Kelley

Anxiety can look different for everyone, just like how overcoming anxiety looks different. Anxiety is a very difficult hardship to overcome because of how it weighs on you and may even affect your physical health. When I get anxious, I tend to get jittery and really sick feeling. I also usually shut down and not talk to anyone. With that, letting anxiety overcome you is not good and only leads to getting worse. Talking about your emotions or doing breathing exercises are ways to overcome your anxiety. It is also important to lean on your family or a therapist if you can because they are the people that know you best and could understand your emotions. Many people get anxious about school, family, or managing their life. How I overcame my own anxiety was talking through my emotions and implementing breathing exercises. Talking to friends about daily stress on a surface level is also helpful, keeping me from bottling things up. Reading the Bible is one of the biggest things I do to overcome anxiety. Verses like Philippians 4:6, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God" and 1 Peter 5:6-7 "Humble yourselves, therefore under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you" are encouraging life verses. They talk about how God cares for you, and how you should cast all your anxiety on him. In hard times, having a friend or mentor to talk to and simple things such as a journaling can redirect anxious thoughts and usher in peace during difficult times.

Digital Footprints

By: Mattheew Riendeau

Digital footprint and reputation is a trail of data that follows your online appearance throughout your entire life starting from the first time you pick up an electronic. Your digital footprint is able to be seen by your future employers, teachers, parents, or even cyber criminals. Cyber criminals are people that use technology to commit crimes for financial gain, to cause disturbances, or even watch you. Because the things you post, say, and do can be shared or saved to the internet, it makes it extremely difficult to completely erase your digital footprint. When you say or post anything negative online, it negatively affects your online reputation. If your employers see this bad reputation, it could potentially lead to loss of jobs and opportunities. To check your digital footprint you should regularly search your full name to see what everyone has access to. If possible, you should try to delete or clean up your negative digital footprint.

Another alternative to use is the privacy settings. There are two different types of digital footprint. One type is active digital footprint and the other is passive digital footprint. Active digital footprint happens when you or another person deliberately shares information about themselves to you. Passive digital footprint happens when another person searches for personal information about another person without their knowledge or consent. By using this, you ensure only a certain amount of people can see your personal information or posts. Remember, everything you post or say may have a negative or positive impact.



Culture Corner: Seafood

By: Nicole Summerall

Florida's seafood history spans thousands of years. The Indigenous people heavily relied on shellfish while preparation and flavor was influenced through Spanish colonial settlers. As the United States solidified, the commercial fishing industry boomed. By the late 1800's, the Treasure Coast was home to early industrial "fish houses". Known as a global fishing capital, Florida has a long history of harvesting and eating mullet, shrimp, oysters and stone crab. A great local place to try is the Fish Shack. [Website click here](#)



Fish Shack

Three Wishes

By: CC Ionnides

If I met a genie and he granted me three wishes, I would wish for my family to be well-protected, to have a wise mind, and to be good at all sports. These wishes would help with my physical and mental well-being as well as the health of the people around me. Having three wishes to spend would help many people tremendously with handling difficult situations, insecurities, and in general, life itself. My family's safety is one of the essential keys I am always working to improve. I care very much about my family's health as well as their mental stability because I believe that God put them in my life for a reason. It is not just what I want to achieve in the future, but a mandatory goal that I will be fulfilling no matter what. So, to relieve my stress, this genie will make sure of my family's protection. Having a wise mind isn't just being able to get an "A" on a science test, but also the quality of the moral compass in your mind. Your moral compass helps you to determine what is right and wrong, but is especially notable if your decisions are guided by God and His Word. This trait is a great characteristic to have because it increases the condition of your health and helps you to be a better person, inside and out. Being athletic is a pleasurable trait to have because you can do anything. It also increases the chances of people picking you for their teams in games or even professional sports. Sports can also help you earn money if you play for a living. These characteristics would help my life in many different ways both mentally and physically.

Glendale West Spirit Week!

By: Nicole Summerall

Monday- April 6th

Pajama Day- wear your pajamas to school!
(must be modest and within school guidelines)

Tuesday- April 7th

Backward Crazy Day- wear mix-matched, inside out clothes

Wednesday- April 8th

Twin Day- find a partner and dress alike

Thursday- April 9th

Patriotic Theme Day- dress as an important person in history or dress in red, white, and blue
USA!!!

Friday- April 10th

School Colors Day- support your school, dress in gold and blue!





**SPRING
FLING
& AG DAY**

APRIL 17TH 1PM-4 PM

**TOUCH A TRUCK
FOOD
CARNIVAL GAMES
LIVE ANIMALS**

K9 UNIT DEMONSTRATION

455 58TH AVE SW, VERO BEACH

FREE ENTRY

TICKETS ARE REQUIRED FOR FOOD AND GAMES

TICKETS ARE \$1 EACH

LIMITED NUMBER OF WRISTBANDS AVAILABLE

TICKETS AND WRISTBANDS ON SALE APRIL 5TH!



Kindergarten

High Honor Roll

Audette, Amelia
Bennett, Samara
Boor, Terran
Creagan, Zoey
Cunningham, Christina
Elias, Amir
Faulk, Caitlyn
Holmes, Maverick
Jacobsen, Kassidy
Kraft, Kaitlyn
LaGessee, Jacob
Lozada, Jonathan
Moore, Lilly
Page, Verinli
Perez, Weston

A/B Honor Roll

Dancy, Jethro
Fouts, Ainsley
Hamrick, Lincoln
Higgins, Chloe
Hillard, Brysen
Kimbriel, Brynn

1st Grade

High Honor Roll

Blakeslee, Everly
Harris, Macon
Parillo, Jasmine
Smith, Charlie
Smith, Lillie
Ubal Mendoza, Jelena

A/B Honor Roll

Ardizzone, Ethan
Arrijoja, Gianna
Boan, Amon
Clift, Harper
DeLuca, Charlotte
Dixon, Jacob
England, Hank
England, Hugh

1st Grade

A/B Honor Roll

Gallegos, Cameron
Gibson, Paloma
Hamrick, Camden
Kelley, Huxley
Martinez, Eden
Myers, Theo
Nusser, Wyatt
Raborn, Chloe
Richards, Barrington
Santana, Melissa
Wilson, Blakely

2nd Grade

High Honor Roll

Bowers, Cassidy
Chisholm, Parker
Edgcomb, Josiah
Galarza Cabrera, Eduardo
Meyers, Cayden
Nunez Figueras, Natanael
Olsen, Elise

A/B Honor Roll

Aycock, Myla
Billie, Axel
Bolom, Galilea
Campbell, Lorenzo
Day, Olivia
Gibson, Carter
Gribble, Donald
Hanson, Hannah
Henriquez, Lucas
Larsen, Hallie
Liebl, Owen
Matt, Madeline
Mondragon, Mateo
Sweeney, Dylan
Wolff, Maximus

3rd Grade

High Honor Roll

Boyle, Delaney
Boyle, Tripton
DeLuca, Lilliana
Fouts, Asher
Kelley, Arlo
Murray, Penny
Parillo, Kinsley

A/B Honor Roll

Carroll, Britton
Harris, Zora
Jackson, Bailey
Kraft, Makayla
Owen, Scarlettte

4th Grade

High Honor Roll

Blakeslee, Ava
Gomez, Allan

A/B Honor Roll

Gardiner, Landyn
Goldfarb, Jameson
Shuman, Hunter

5th Grade

High Honor Roll

Monreal, Luna
Williams, Ella

A/B Honor Roll

Harris, Eileen
Hightower, Princess
Hyatt, Caitlyn
Jacobs, Geneva
Kraft, Madelyn
Rosano, Annabella
Sweeney, Piper
Torres, Zenaida
Wilkerson, Micah

Middle School and High School

High Honor Roll

Jacobsen, Kailey
Jacobsen, Kyler
Kelley, Flora
Pham, Anabella

A/B Honor Roll

Austin, Adalynn
Ballard, Allie
Dixon, Lacey
Fouts, Jaxson
Gangale, Sofia
Ioannides, Cammy
Landon, Morgan
Lynk, Aubrey
McFarlane, Lily
Smith, Mya
Williams, Colson

